



# Packing list 2024

## Tips:

1. Please label your child's laundry/clothing, as often several campers have similar items with them and this is the only way to assign individual items or found items.
2. We recommend a cloth bag for storing dirty laundry - damp laundry can become stained in plastic bags.
3. It is helpful to pack clean items of clothing in different colored bags so that underwear, for example, can be accessed quickly without having to search through all the clothing.
4. Please do not take any technical equipment or similar or valuables over EUR 500 with you. We do not accept any liability for this.
5. **Pocket money:** we recommend approx. 20 EUR per week for the camps in Germany. In England, Spain and when traveling by plane 50 EUR per week. For the older ones (15-17 years) max. 200 EUR. In England in pounds sterling or bring a prepaid credit card.

For EU/UK residents: Health insurance card/confirmation from private insurance (even if insurance is booked through us). This is because especially hospitals need this information in emergencies from EU residents.

**For transfers, your child must be able to carry the luggage alone! Please do not pack more than 1 large piece of luggage max 20 kg per child!**

## Prohibited items:

- Pocket knife with lockable blade
- Weapons of any kind
- Lighter and matches (fire hazard)

**Language course:** Our language instructors will organize the course at the camp. All course materials and writing utensils are provided by us.

**Medication:** Please bring all medication (including aspirin etc.) in a separate package and label it with your child's name and the respective dosage, preferably in English.

**Documents:** Please give your child a resealable document envelope/bag with an (EU) health insurance card, all medication and pocket money copies of flight/train tickets marked with name and camp (if booked by yourself) as well as ID or passport (only when crossing the border) and "Letter of Consent to Travel" (when traveling by air). Please keep the documents easily accessible in your hand luggage! We will collect them on the day of arrival and keep them safe for your child.

## Hand luggage



Please have it ready in your hand luggage at check-in/transfer. Our counselor will collect the following after arrival at the camp. Please do not bring a vaccination card. ID cards only if really necessary.

For EU/UK residents: Health insurance card/confirmation from private insurance (even if insurance is booked through us)	<input type="checkbox"/>	<b>Only necessary when crossing the border on arrival/departure:</b>	
Cell phone and corresponding charger/ socket adapter	<input type="checkbox"/>	Identity card/passport	<input type="checkbox"/>
Pocket money	<input type="checkbox"/>	Visa Invitation Letter (for non-EU citizenship)	<input type="checkbox"/>
Medication including description in English or German about dosage/administration	<input type="checkbox"/>	Letter for solo travelers ("Letter of Consent to Travel")	<input type="checkbox"/>
<i>For air travelers: Emergency clothing (2x underwear, swimwear, shorts) if lost luggage.</i>			

## Luggage Please take only one large piece of luggage per person.

Hiking rucksack for weekend hikes (only for two-week bookings in Walsrode/Regen)	<input type="checkbox"/>	Headgear/base cap	<input type="checkbox"/>
Small backpack for excursions	<input type="checkbox"/>	Flashlight	<input type="checkbox"/>
Laundry bag (e.g. a pillowcase)	<input type="checkbox"/>	Drinking bottle with name	<input type="checkbox"/>
Towels (large and small)	<input type="checkbox"/>	Sun cream	<input type="checkbox"/>
Hygiene articles	<input type="checkbox"/>	Insect spray	<input type="checkbox"/>
Toothbrush & toothpaste	<input type="checkbox"/>	Hairbrush (if required)	<input type="checkbox"/>
Shower gel & shampoo, deodorant	<input type="checkbox"/>	Min 2 Sweater	<input type="checkbox"/>
Underwear and socks	<input type="checkbox"/>	1 jacket for cold evenings	<input type="checkbox"/>
Tshirts	<input type="checkbox"/>	Swimwear	<input type="checkbox"/>
Shorts	<input type="checkbox"/>	Long pants (min 1)	<input type="checkbox"/>
Rainwear/rainproof shoes (if available)	<input type="checkbox"/>	An extra pair of shoes that can get wet and dirty	<input type="checkbox"/>
Flip-flops/sandals	<input type="checkbox"/>	Bed linen (see below)	<input type="checkbox"/>

You will need the following for the various accommodation options:

- **Overnight stay in a hut/tiny house /BLSV Regen** (if bed linen was not booked through us):  
Fitted sheet, sleeping bag, pillow
- **Overnight stay in a tent** (if sleeping mat/sleeping bag was not booked through us):  
Sleeping mat (at least 3 cm thick, no thick air mattress please), sleeping bag, pillow
- **Overnight stay in language camps in Bath, Rossall, Mölln, Amrum:**  
no bed linen required